

## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



### Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

[www.gov.uk/apply-free-school-meals](https://www.gov.uk/apply-free-school-meals)



MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. [www.msc.org](https://www.msc.org)

### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

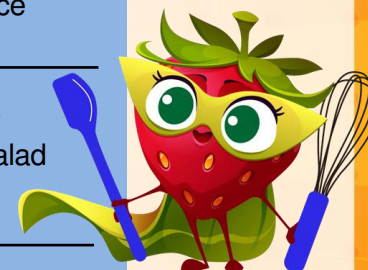
<https://forms.office.com/e/nEYJUzbEZt?origin=IprLink>



# LUNCHTIME

## School

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



### Pizza Monday



### Tuck In Tuesday

### Roasty Toasty Feast Wednesday

### Around the World Thursday

### Fish Friday

#### Main

Meat Feast Pizza or Cheese and Tomato Pizza

Served with Garlic Bread & Coleslaw

Hot Dog or Veggie Hot Dog

Served with Potato Wedges

Roast Turkey with Gravy or Quorn Roast with Gravy

Served with Cloudy Mash Mountains & Yorkshire Pudding

Beef Spaghetti Bolognese or Magic Macaroni Cheese

Served with Baguette Slice

Fish Fingers or Fishless Fingers

Served with Crispy Oven Chips & Tomato Sauce

#### Seasonal Veg/Salad

Crunchy Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

Crunchy Carrots/ Broccoli Trees

Crunchy Carrots or Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

#### Something Different

Jacket Potato with Tuna

Veggie Meatball Pasta served with Baguette Slice & Crispy Fresh Salad

Jacket Potato with cheese

Cheese & Tomato Panini served with Crispy Fresh Salad

#### Dessert

Jelly and Fruit Or Fresh Fruit Salad

Jam Drop Biscuit with Milk Or Fresh Fruit Salad

Apple Muffin Or Fresh Fruit Salad

Chocolate Crispy Cakes Or Fresh Fruit Salad

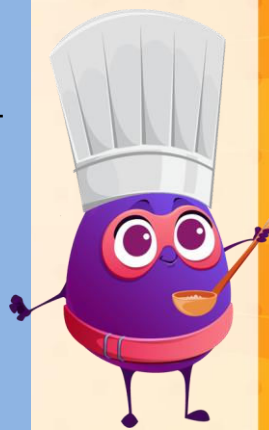
Marble Cake & Custard Or Fresh Fruit Salad



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	Pizza Monday	Tuck In Tuesday	Roasty Toasty Feast Wednesday	Around the World Thursday	Fish Friday
Main	BBQ Chicken Pizza or Cheese and Tomato Pizza Served with Garlic Bread & Coleslaw	Beef Burger or Veggie Burger Served with Diced Potatoes	Roast Pork with Gravy or Quorn Roast with Gravy Served with Cloudy Mash Mountains Yorkshire Pudding	Chicken Curry served with flatbread & Rice Veggie Mexican Fiesta Wraps Served with Rice	Salmon Fish Fingers or Fishless Fingers Served with Crispy Oven Chips & Tomato Sauce
Seasonal Veg/Salad	Carrot and Cucumber Batons or Crispy Fresh Salad	Baked Beans / or Crispy Fresh Salad	Crunchy Carrots / Broccoli Trees	Sunshine Sweetcorn or Crispy Fresh Salad	Power Peas or Crispy Fresh Salad
Something Different	Jacket Potato with Tuna	Mascarpone Pasta Served with Baguette Sliced & Crispy Fresh Salad		Jacket Potato with Cheese	Cheese and Tomato Panini Served with Crispy Fresh Salad
Dessert	Oaty Cookies Or Fresh Fruit Salad	Corn Flake Tart & Custard Or Fresh Fruit Salad	Chocolate Shortbread or Fresh Fruit Salad	Iced Mandarin Sponge & Milk Or Fresh Fruit Salad	Iced Carrot and Pineapple Muffin and Milk Or Fresh Fruit Salad





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### Pizza Monday

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### Around the World Thursday

### Fish Friday

#### Main

Ham Pizza or  
Cheese and  
Tomato Pizza

Served with Garlic  
Bread and Coleslaw

Homemade  
Pork Sausage  
Roll or Cheese  
Snack

Served with Potato  
Wedges

Roast Chicken with  
Gravy or Veggie  
Sausage with Gravy  
Served with Cloudy  
Mash Mountains  
Yorkshire Pudding

BBQ Chicken or  
BBQ Quorn

Served with  
Flatbread & Rice

Breaded  
Fish Portion  
or Fishless Fingers

Served with  
Crispy Oven Chips  
& Tomato Sauce

#### Seasonal Veg/Salad

Carrot and Cucumber  
Batons or Crispy Fresh  
Salad

Baked Beans or  
Crispy Fresh  
Salad

Crunchy Carrots  
/ Broccoli Trees

Sunshine Sweetcorn  
or Crispy Fresh  
Salad

Power Peas or  
Fresh Salad

#### Something Different

Tomato and Basil  
Pasta Served  
Baguette Slice

Jacket Potato  
with Cheese & Beans

Pizza Pasta Served  
With Baguette &  
Crispy Fresh Salad

Cheese and Tomato  
Panini Served With  
Crispy Fresh Salad

#### Dessert

Flapjack and  
Raisins  
Or Fresh Fruit  
Salad

Ice Cream &  
Fruit  
Or Fresh Fruit  
Salad

Chocolate & Orange  
Cookie  
Or Fresh Fruit Salad

Chocolate Fudge  
Pudding &  
Custard  
Or Fresh Fruit  
Salad

Bakewell Muffin &  
Milk  
Or Fresh Fruit Salad

