

Nut-Free School Information



The Glapton Academy
A L.E.A.D. Academy

Keeping All Children Safe

Our school is committed to providing a safe and inclusive environment for all pupils. Some children in our school community have severe nut allergies, which can be life-threatening.

Nut-Free Policy

To help protect all members of our school community, we kindly ask all families to support our nut-free approach.

Please DO NOT send the following into school:

- Peanuts or tree nuts of any kind
- Peanut butter, Nutella, or other nut-based spreads
- Foods containing nuts (e.g. nut bars, nut cakes, nut chocolates)
- Products labelled "*may contain nuts*"

✓ What CAN be sent to school

- Fruit and vegetables
- Cheese, yoghurt, and dairy-based snacks
- Crackers, breadsticks, and plain biscuits (nut-free)
- Meat, fish, or egg-based fillings

***If unsure, please check food labels carefully.*

Why This Matters

Even small traces of nuts can cause:

- Severe allergic reactions
- Breathing difficulties
- Medical emergencies requiring immediate treatment

Your cooperation helps ensure all children remain safe, healthy, and fully included in school life.

Thank You

We appreciate your understanding and support in helping us maintain a nut-free school environment. If you have any questions or concerns, please contact the school office. **Together, we can keep everyone safe.**